

CHATHAM HALL IN INDIA



EXPLORING DIVERSE CULTURES & RELIGIONS THROUGH SERVICE

MARCH 12-24, 2017

PROGRAM DETAILS: Day 1 - Day 13

► **DEPART WASHINGTON DULLES FOR DELHI**

Day 1 / **SUNDAY, MARCH 12, 2017**

- Depart Washington Dulles International Airport on Emirates Air #232 at 10:55 AM.

► **ARRIVE DELHI**

Day 2 / **MONDAY, MARCH 13, 2017**

- Arrive Dubai at 8:00 AM
- Depart Dubai on Emirates Air #516 at 10:05 AM
- Arrive Delhi at 2:45 PM; meet guide and program manager **Karan Kohli** at Indira Gandhi International Airport / Transfer to Hotel

- O/N at Country Inn by Carlson Delhi Saket (<http://www.countryinns.com/new-delhi-hotel-in-110017/inddesk/>)

► **GOBIND SADAN, QUTB MINAR, AMERICAN EMBASSY SCHOOL & SANSKRITI KENDRA**
Day 3 / TUESDAY, MARCH 14, 2017

- Depart hotel at 9:00 AM for **Gobind Sadan** (www.GobindSadan.org), a unique contemplative interfaith community
- At 10:00 AM, arrive at **Gobind Sadan** (www.GobindSadan.org). Our host is **Mary Fisher**, the author of *Living Religions*, by far the best-selling college textbook on the world's religions in the United States today. Our time at Gobind Sadan will include a tour of the premises, which feature dedicated sacred spaces for each of the world's major faith traditions, and a conversation with Ms. Fisher about India's status as host to a wonderful patchwork of religions.

- **Lunch**

- Visit **Qutb Minar** (http://en.wikipedia.org/wiki/Qutb_Minar), a UNESCO World Heritage site constructed between AD 1192 and AD 1368. It is the region's finest example of Indo-Islamic architecture and a must-see Delhi historical site.
- At 3:15 PM, arrive at the **American Embassy School** (www.AES.ac.in), a US-curriculum coeducational independent international school whose student body includes Indian, American, and Korean students; and students from many other nations as well.

- **Student Dialogue on Modern India: Its Promise and Its Challenge** (3:45 PM – 5:00 PM)

In Delhi and throughout the nation, evidence of a growing economic power accompanies the timelessness of struggle and hardship. This afternoon, together with our AES peers, we'll hold a student-to-student dialogue about its root causes, how the new national government is addressing inequities, and what we can expect during our next 11 days in "Incredible India". Together with our AES peers, we'll address education, health care, and gender issues – and we'll explore how we might build a 21st century India that maximizes opportunity and productivity for *all* of its one billion people.

- **Return to the Hotel to Refresh**

- **Sanskriti Kendra: Evening Cultural Program ...** The Sanskriti Kendra (www.SanskritiFoundation.org) spans 7 acres. It is devoted to art, nature, and culture. It's a lovely, peaceful place, and we're here for music, dance, food, and history. We sit on straw mats in a half-circle facing a circular, grassy stage. As soon

as we sit, servers come by with delicious Indian appetizers: cream of tomato soup, kalmi vada (fried lentil fingers), and dhokla (steamed lentil cakes with mint chutney). As we nibble, musicians and dancers enter. Our troupe will be from India’s Rajasthan state, and the clothing, music, and dance will be a lovely blend evoking indigenous Indian, Roma, and Native American traditions.

- **Dinner at Sanskriti Kendra ...** Following the music and dance performance, dinner will be taken here at Sanskriti Kendra. The spread of dishes represents the four regions of India: north, east, west, and south. An option after dinner is to take a tour of the premises, which includes the Museum of Every Act - a collection of more than 2000 everyday objects made with intricate beauty.
- **Overnight at the Country Inn Delhi Saket**

► PARDADA PARDADI: GIRL EDUCATION, TRADITION & MODERNITY, AND A UNIQUE OPPORTUNITY TO SERVE RURAL INDIA

Days 4-7 / WEDNESDAY, MARCH 15, 2015 THROUGH SATURDAY, MARCH 18, 2017

- Breakfast at 7:00 AM, then Transfer Overland to Pardada Pardadi Educational Society

Date	Time (Indian Standard Time)	Activity	Description
Wed, Mar 15	1:00 PM	Arrival at PPES	Welcome by PPES
	1:00 -1:30 PM	Refresh	Settle down in Guest House
	1:30 - 2:00 PM	Lunch	Lunch at Common Hall with PPES students
	2.00 – 2.30 PM	Briefing at Principal’s Office	Briefing about next 4 days at PPES and Orientation about PPES
	2:30- 3:30 PM	Chatham Hall and PPES Partner Introductions	PPES girls will be introduced to the Chatham Hall students. Each Chatham Hall student will have one friend from PPES whom she partners with for this session.
	3:45- 5:30 PM	Ice-Breaking games	Ice breaking and teamwork activities (with help from Dragons staff), including some basic language phrases taught by the PPES girls.
	5.00 – 5.30 PM	Tea time	
	5:30 - 7:00 PM	Ganges	Boat ride at Ganges & walk through the local market
	7.00 – 07.30 PM		Free Time
	7.30 – 08.00 PM	DINNER	Teachers’ Colony/Guest House
	8:00 PM	Night Council	Night council, debrief and discussion for Chatham Hall students

Date	Time (Indian Standard Time)	Activity	Description
Thurs, Mar 16	8:00 AM	Breakfast	Breakfast at Common Hall
	9:00 AM	Assembly	Join the morning Assembly. Opportunity for Chatham Hall students also to offer welcoming statements to PPES.
	9:30 AM-12:00 PM	Learning by Sharing	Chatham Hall students shadow their PPES sisters through their classes
	12:00 - 1:30 PM	Learning by Sharing	Chatham Hall students help with final lunch prep, such as making chapattis and serving to younger SB students
	1:30 PM	Lunch	Lunch at Common Hall
	2:00- 3:30 PM	Learning by Sharing	Circle time with PPES and Chatham Hall girls - sharing stories and experiences
	4:00- 6:00 P.M	Learning by Sharing	Get back to the homes of the PPES friends and have evening tea with their families
	6:00 - 8:00 PM	Dinner	Teachers Colony/Guest House
	8:00 - 9:00 PM	Night Council	Night council, debrief and discussion for Chatham Hall Girls
Date	Time (Indian Standard Time)	Activity	Description
Fri, Mar 17	8:00 AM	Breakfast	Breakfast at Common Hall
	9:00- 10:00 AM	Language	Hindi lesson
	10:00 AM-12:00 PM	Learning by Sharing	Chatham Hall girls make friendship bracelets; PPES girls teach them how!
	1:30 PM	Lunch	Lunch at the common hall
	1:30 – 3:30 PM	Lesson	Chatham Hall: Reflection Time
	3:30 PM-4:00 PM	Break	Break/Down-time for All
	4:00- 6:30 P.M	Learning by Sharing	Mehandi activity - PPES girls decorate Chatham Hall girls with Mehandi
	6:00 - 8:00 PM	Dinner	Teachers Colony/Guest House
	8:00 - 9:00 PM	Night Council	Night council, debrief and discussion time for Chatham Girls
Date	Time (Indian Standard Time)	Activity	Description
Sat, Mar 18	8:00 AM	Breakfast	Breakfast at Common Hall
	9:00 AM	Service Learning	Welcome at Elementary school
	9:30 AM	Service Learning	Assist SB teachers in team-teaching teeth-brushing with the small children, plus environmental clean-up of the PPES grounds.
	11:00 AM	Service Learning	Games and activities on playing field, to be organized jointly by the PPES and Chatham Hall girls.

	1:30 PM	Lunch	Lunch at the common hall
	2:00-4:00 P.M	Learning through Service	Chatham Hall and PPES friends will share computer lessons: This is a Chatham Hall-led activity.
	4:00- 6:00 PM	Learning by Sharing	PPES girls teach local dances, resulting in a shared performance ... OR Rangoli-making
	6:00 - 7:00 PM	Dinner	Teachers Colony/Guest House
	Evening	Learning by Sharing	Bollywood movie night

► **TAJ MAHAL!**

Day 8 / SUNDAY, MARCH 19, 2017

- Breakfast at 8:00
- Pardada Pardadi → Agra Overland
- Visit the **TAJ MAHAL** (http://en.wikipedia.org/wiki/Taj_mahal), truly a wonder of this world!
- O/N at Jaypee Palace Agra (http://www.jaypeehotels.com/jaypee_palace/index.aspx)

► **TAJ MAHAL → JAIPUR**

Day 9 / MONDAY, MARCH 20, 2017

- Visit Agra Fort (http://en.wikipedia.org/wiki/Agra_fort)
- Lunch
- Visit Fatehpur Sikri (http://en.wikipedia.org/wiki/Fatehpur_Sikri) on the way to Jaipur
- O/N at Park Inn Jaipur (<http://www.parkinn.com/hotel-jaipurin>)

► **JAIPUR: PROMOTING THE INDIAN ELEPHANT’S HEALTH AND WELL-BEING**

Day 10 / TUESDAY, MARCH 21, 2017

- Breakfast at the Hotel
- Visit **Amer Fort** (http://en.wikipedia.org/wiki/Amer_Fort)
(This includes an approach to the fort on elephant-back.)
- **Afternoon with Ele-fantastic** (www.Elefantastic.in), during which we will feed, ride, and learn to communicate with the elephants. We will also learn the art of elephant face painting – with natural substances that do not harm these gentle animals.

Rahul Sharma, Ele-fantastic's visionary owner, put this initiative in place 9 years ago for the express purpose of mitigating misconceptions about the treatment of Indian elephants and to show visitors that his family's multi-generational livelihood is fully consistent with promoting the *well-being* of the Indian elephant.

Rahul promotes *communication* with the elephants, and he has rescued many of his elephants from mistreatment in circuses throughout India. Our formal program with the elephants, which includes a delicious vegetarian lunch, lasts from 1:00 PM until 5:00 PM.

Immediately following the afternoon program – from 5:00 PM until 7:00 PM – we'll remain aboard our 'new friends' for a jungle safari, during which we may observe peacocks, jackals – and, if we're lucky – endangered predators such as tigers and leopards.

- **Return to Hotel / Dinner and Overnight at Park Inn Jaipur**

► JAIPUR: YOGA PEACE & JAIPUR'S COLORFUL CRAFT BAZAARS

Day 11 / WEDNESDAY, MARCH 22, 2017

- **Morning class at Yoga Peace**, during which we'll maximize our physical, mental, emotional, and spiritual fitness with an impactful yoga class!

Our session is planned so that we derive benefit from this age-old method of keeping bodies healthy. Our class is planned carefully and scientifically, and emphasis is given to doing 'pranayams' and 'assans' in slow motion. Each of us will be personally attended, so that all of the assans are accomplished in proper alignment – stress-free. Our class will promote health and flexibility.

Following the class proper, we'll have a few moments to sit with our instructors to ask questions about Indian yoga – its history and evolution; the various forms it has assumed over the centuries; its embrace worldwide, including in the West; its role in promoting health and spiritual well-being; and its future!

- **Afternoon visit to Jaipur's colorful craft bazaars**
- Return to the hotel by to refresh
- Dinner, then **Sound & Light Show** at Jaipur's Amber Fort (8:30 PM-9:30 PM)
- O/N at Park Inn Jaipur

▶ JAIPUR → DELHI**Day 12 / THURSDAY, MARCH 23, 2017**

- Breakfast at the Hotel
- Overland transfer to Delhi
- Arrive in Delhi by 2:00 PM
- Depart Delhi on Emirates Air #515 at 9:20 PM
- Arrive Dubai at 11:50 PM

▶ ARRIVE WASHINGTON**Day 13 / FRIDAY, MARCH 24, 2017**

- Depart Dubai on Emirates Air #231 at 2:20 AM
- Arrive Washington Dulles at 8:50 AM, and transfer to Chatham Hall